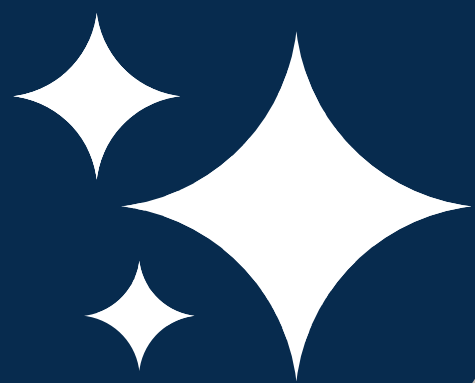


ZEN SLEEP CHEAT SHEET



by Jason Ryer
Breath Coach
Human Potential Coach
10+ Years Mastering Sleep

